

Peas of Mind

The vegetarian hand-held casseroles called Puffets, by their maker Peas of Mind, will be available mid-March 2008 in two new vegan flavors. The all-natural, frozen, hand-held meals for the post-baby, are perfect for children ages 12 months to 6 years old. Currently available in the four original flavors: Eat Your Greens, Black Bean Polenta, Nanna's Banana and Carrot Risotto, Puffets come individually wrapped in boxes of 4 x 12.5-oz mini casseroles. Puffets are the perfect solution for busy parents looking for alternatives for their growing kids. SRP per box is \$5.99; a case contains 12 boxes. Distributors include: UNFI West, UNFI