

# PRODUCT: PEAS OF MIND PUFFETS

posted by [Mighty Staff](#)

Last year 7x7 magazine crowned Jill Litwin "Little Miss Puffet." Jill is the owner of [Peas of Mind](#), celebrated by moms in the San Francisco Bay Area for her toddler-friendly, all-natural, organic, finger-foods called...Puffets.

The Puffets currently come in four flavors - Nanna's Banana, Black Bean Polenta, Carrot Risotto, and eat Your Greens. Peas of Mind also gets many requests for Puffet flavors that address specific allergy concerns. Right now, three of the four Puffet flavors are gluten-free: Eat Your Greens, Carrot Risotto, and Black Bean Polenta. And they are now at work on two much requested non-dairy flavors due out later this year.

So, that's the good news - a tasty, healthy, kid-friendly food with a fun name. The bad news? Peas of Mind's Puffets are only available in stores in Northern California. They are ramping up to expand and will soon be available in stores in Southern California and the Pacific Northwest. If you are desperate to get your hands on the Puffets, you can mail-order four and eight-box packs through the [Peas of Mind website](#) for what translates to roughly a buck and some change per Puffet.

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### Links:

Peas of Mind - All Natural Eats for Growing Kids ( [link](#) )

Peas of Mind recipe section ([link](#))