

Pass the Peas, Please

Oct 24, 2008



Peas of Mind, a frozen food company for growing kids, showed off its fantastic products at Expo East last week. Called Puffets, these hand-held vegetarian meals resemble mini casseroles and are perfect all-in-one meals that contain organic and all-natural ingredients from the major food groups including veggies, fruits, eggs, grains and beans. Puffets are perfect for kids, ages 1 year to about 10 years old. For more information, visit www.peasofmind.com.